

Spectrum Connections

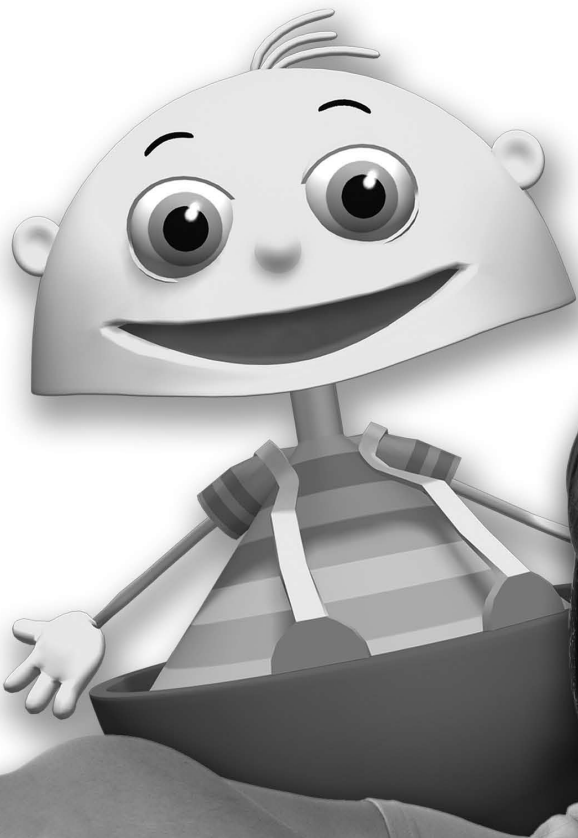
♪ ♪

Bounce

♪ ♪

Song Book

**Songs from the
Bounce Volumes 1 - 5**



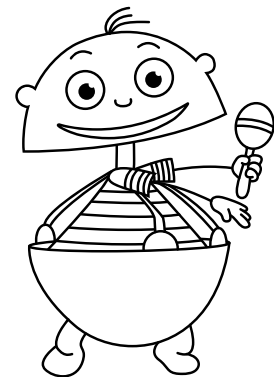
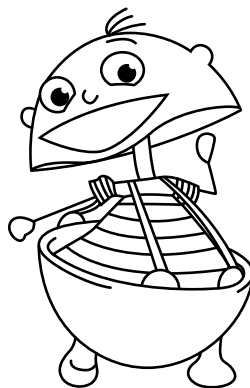
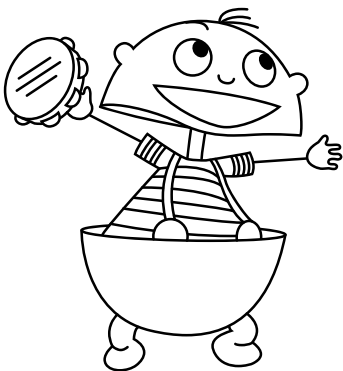


Bounce



Table of Contents

	Page		Page
The Hello Song	1	Volume 3: Let's Talk!	
Volume 1:		I Want Song	10
Connecting Emotions		Let's Go	11
Happy Song	2	The Give Me Song	12
Mad Song	3	Help Me Song	13
Sad Song	4	Volume 4: Routines	
Silly Song	5	The Clean Up Song	14
Volume 2:		Goodnight Song	15
Connecting Body Movement		Starting the Day	16
Animals	6	Safety Check	17
Stomp Your Feet	7	Volume 5: Let's Go!	
Up and Down	8	Going to the Grocery Store	18
Shake Shake Shake	9	The Playground Song	19
		The Doctor is your Friend	20
		Birthday Song	21
		The Goodbye Song	22

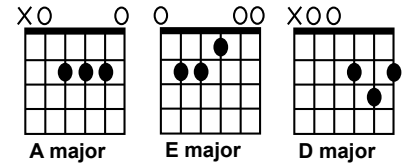




Bounce



The Hello Song



A A E A
1,2,3,4

A A
Hello to everyone / Hello to everyone

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
It's so much fun to say hello! Hello!

A A
Hello _____ / Hello _____

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
Don't be afraid, just say hello! Hello!

A A
Hello to Elizabeth / Hello to _____

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
Wave your hand and say hello! Hello!

A E A
1,2,3,4

A A
Hello Balloo / Hello Balloo

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
Everybody wave your hand, hello to Balloo

A A
Hello to mommy and hello to daddy

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
You can smile and say hello! Hello!

D E A
Hello, hello, hello

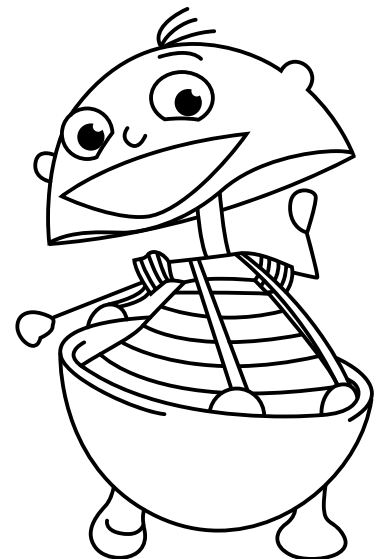
D E A
Hello, hello, hello

A A E A
1,2,3,4

A A
Hello to your teacher / hello to the teacher

D E A D E A
Hello, hello hello / Hello, hello, hello

D A E A
Open up your mouth and say hello! Hello!

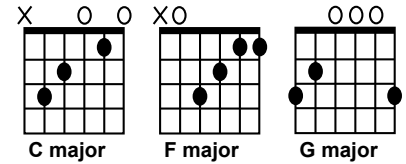
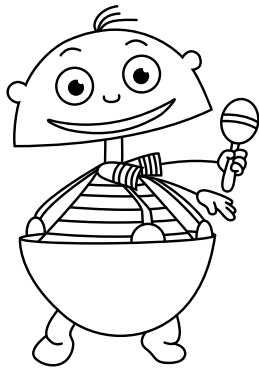




Bounce



Happy Song (Connecting Emotions)



C
When I feel happy I can smile, smile smile
C **F** **G**
When I feel happy I can smile, smile smile
C **F**
When I feel happy I can smile, smile smile
C **G** **C**
I can smile all the way to the moon

F **C**
Put your hands in the air like you haven't got a care
G **C**
And we'll smile all the way to the moon

C
When I feel happy I can jump up and down
C **F** **G**
When I feel happy I can jump up and down
C **F**
When I feel happy I can jump up and down
C **G** **C**
I can jump all the way to the moon

F **C**
Put your hands in the air like you haven't got a care
G **C**
And we can jump all the way to the moon

C
When I feel happy I can hug my mom
C **F** **G**
When I feel happy I can hug my mom
C **F**
When I feel happy I can hug my mom
C **G** **C**
I can hug her all the way to the moon

F **C**
I can hug my mom, I can hug my mom
G **C**
I can hug her all the way to the moon

C
When I feel happy I eat some ice-cream
C **F** **G**
When I feel happy I can eat some ice-cream
C **F**
When I feel happy I can eat ice-cream
C **G** **C**
I can eat it all the way to the moon

F
I can eat ice-cream
C
I can eat some yummy ice-cream
G **C**
I can eat it all the way to the moon

C
When I feel happy I can laugh out loud
C **F** **G**
When I feel happy I can laugh loud and proud
C **F**
When I feel happy I can laugh, laugh, laugh
C **G** **C**
I can laugh all the way to the moon

F
I can laugh, laugh laugh
C
I can laugh, laugh, laugh
G **C**
I can laugh all the way to the moon



Bounce



Mad Song (Connecting Emotions)

C D7 **C D7**
I'm mad / and angry too

C D7
I feel so mad that I don't know what to do

G7 D7
I'm mad / so mad

A7
My sister took my favorite toy

G
my brother pushed me down

D7 A7
I'm mad

C D7
I'll stomp my feet

C D7
I'll scream and shout

C D7
I've got to find a way to let it all out

G7 D7
I'm mad / I'm so mad

A7
My sister took my favorite toy

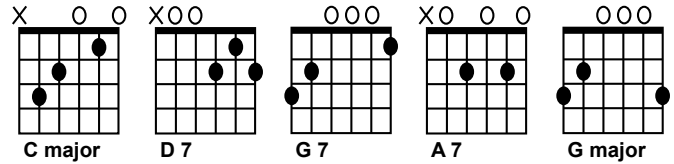
G
my brother pushed me down

D7 A7
I'm mad

C D7 **C D7**
My face is pinched / my mouth is tight

C D7
I squeeze and squeeze my hands with all of

my might



G7 D7
I'm mad / I'm so mad

A7
My sister broke my favorite toy

G D7 A7
my brother pushed me down / I feel mad

C D7 C D7
No fun / No play

C D7
I think I'm gonna feel mad all day

G7 D7
I'm mad / I'm so mad

A7
So mad

G7 A7
I have a mad face on / So mad

G7
Do you know the thing about being mad?

D7
It's that you always feel better later on

A7 D7
You'll feel much better later on

A7 D7
You'll feel much better later on



Bounce



Sad Song (Connecting Emotions)

C Am F G
When I am sad / I cry sometimes

C Am F G
When I am sad / I hide sometimes

C Am
My smile feels heavy and turns to a frown

C Am
My shoulders go from up to down

C Am
My head hangs low and looks to the ground

C
So sad

F C
But sad's not so bad

G C
With my mom or my dad

F C
Sad's not so bad

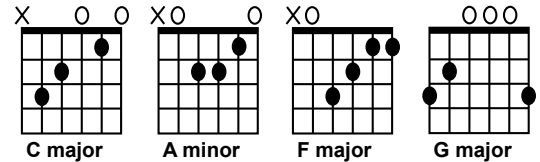
G C
When sad turns into glad

C Am F G
When I am sad / I get a hug from my mom

C Am F G
When I am sad / I pet my dog

C Am G
And I find a quiet place

C Am G
And put a smile on my face



C Am F G
When I am sad / I cry sometimes

C Am F G
When I am sad / I hide sometimes

C Am
My smile feels heavy and turns to a frown

C Am
My shoulders go from up to down

C Am
My head hangs low and looks to the ground

C
Sad

F C
But sad's not so bad

G C
With my mom or my dad

F C
Sad's not so bad

G C
When sad turns into glad

F C
No, sad's not so bad

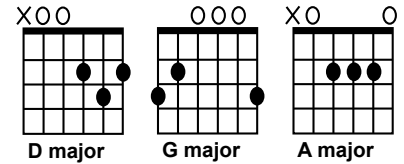
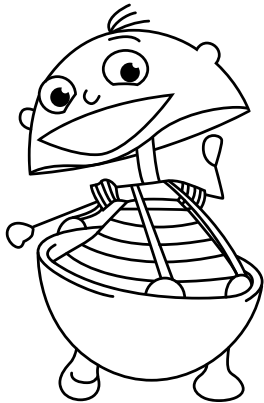
G C
When sad turns into glad



Bounce



Silly Song (Connecting Emotions)



Try repeating after me, ready?

D D
Sing a silly song / sing a silly song
G A
you don't need your words to sing along
D D
Sing a silly song / sing a silly song
G A D
you don't need your words to sing along

G D
Wiggle your nose / strike a silly pose
A D
wiggle your toes / and blow your nose
G D
Make a silly face / standing in your place
A A
make a silly face / some fun is all it takes

D D
Sing a silly song / sing a silly song
G A
you don't need your words to sing along
D D
Sing a silly song / sing a silly song
G A D
you don't need your words to sing along

G
Bing bang bo (repeat)
D
Zipple zapple zoo (repeat)
A
Fiddle fiddle foe (repeat)
D
Widdle waddle woo (repeat)
G
Sip sop so (repeat)
D
Pish posh po (repeat)
G A D
You don't need your words to sing along.

G D
Wiggle your nose / strike a silly pose
A D
wiggle your toes / and blow your nose
G D
Make a silly face / standing in your place
A
make a silly face
D G D G D G D
Some fun is all it takes

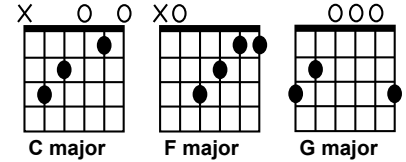


Bounce



Animals (Connecting Body Movement)

C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi
C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by



F C F C
Oh a snake says (SSSS) / Oh a snake says (SSSS)
F C G CFG
The snake says (SSSS) / And he slithers away (SSSS)
CFG

C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by

C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi
C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by

F C
Oh a bird says (cheep cheep)
F C
Oh a bird says (cheep cheep)
F C
Oh the bird says (cheep cheep)
G CFG CFG
And she flies away

F C F C
A lion says (roar) / Oh the lion says (roar)
F C G CFG
The lion says (roar) / And she pounces away
CFG

C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi
C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by

C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi
C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by

F C
Oh the elephant says (uggghh)
F C
Oh the elephant says (uggghh)
F C
Oh the elephant says (uggghh)
G CFG CFG
And he stomp stomp stomps away

F C F C
Oh the dog says (ruff ruff) / Oh the dog says (ruff ruff)
F C G CFG
Oh the dog says (ruff ruff) / And he run run runs away

C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi
C F G
Animals, animals look at all the animals
C F G C F G C
Animals, animals dancing by / dancing by

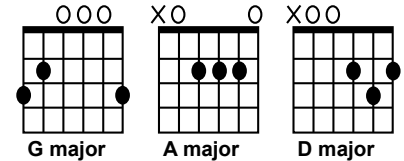
C F G
Animals, animals look at all the animals
C F G C
Animals, animals they say hi



Bounce



Stomp Your Feet (Connecting Body Movement)



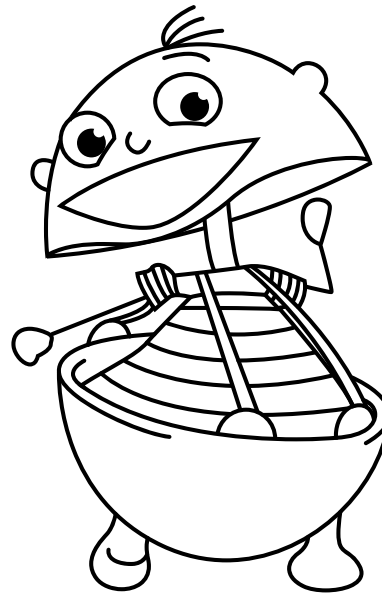
G A G A G A
 Stomp your feet / stomp your feet / stomp your feet
 G A D G A
 stomp your feet / stomp your feet / stomp your feet
 D G A D G A D G A
 stomp your feet / stomp your feet
 D G D G D G A D G D G D G A
 Now faster faster

G A G A G A
 Stomp your feet / stomp your feet / stomp your feet
 G A D G
 stomp your feet / stomp your feet
 A D G A
 Slower / Stomp your feet slower
 D G D G D G A D G D G D G A
 Now faster faster

G A G A G A
 Clap your hands / Clap your hands / Clap your hands
 G A D G A
 Clap your hands / Clap your hands / Clap your hands
 D G A D G A
 Clap your hands
 D G D G D G A D G D G D G A
 Faster Faster

G A G A G A
 Clap your hands / Clap your hands / Clap your hands
 G A D G A
 Clap your hands / Clap your hands / Slower
 D G A
 Clap your hands / Slower
 D G D G D G A D G D G D G A
 Now faster Faster

G A G A
 And touch your nose / touch your nose
 G A G A
 touch your nose / touch your nose
 D G A
 And touch your nose
 D G A D G A
 can you touch your toes / can you touch your toes



G A G A
 And shake your head / And shake your head
 G A G A
 And shake your head / And shake your head
 D G A
 And shake your head from side to side
 D G A
 Shake your head from side to side
 D G A
 And shake your head from side to side

D G D G D G A D G D G D G A
 Now faster Faster!

G A G A
 Stomp your feet / stomp your feet
 G A G A
 stomp your feet / stomp your feet
 D G A D G A
 Stomp your feet / stomp your feet
 D G A D G D
 stomp your feet / stomp your feet



Bounce



Up and Down (Connecting Body Movement)

A **A**
 Up and down / Up and down
A
 Many things go up and down...

A **A**
 Up and down / Up and down
A
 Many things go up and down

D
 Stack your blocks up to the sky,
A
 Stack them up high, high, high...
E
 Take them down to the ground,
A
 down, down, down / give it a try

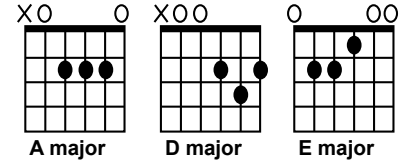
D **A**
 High, high, high. / Low, low, low...
E **A**
 Up and down...that's how it goes.

D **A**
 High, high, high. / Low, low, low...
E **A**
 Up and down...that's how it goes.

D
 Water goes to the top,
A
 Fill your glass never stop...
E
 Drink it down, down, down
A
 What goes up must come down...

D **A**
 High, high, high. / Low, low, low...
E **A**
 Up and down...that's how it goes.

D **A**
 High, high, high. / Low, low, low...
E **A**
 Up and down...that's how it goes.



D
 Some folks talk way up here...
A
 Some folks talk way down here
D **A**
 Way up here... / Way down here...
E **A**
 Up and down everywhere.

D **A**
 High, High, High, / Low, Low, Low...
E **A**
 Up and down, that's how it goes...

D **A**
 High, High, High, / Low, Low, Low...
E **A**
 Up and down, that's how it goes...

D **A**
 Smile ... frown
D **A**
 Smile frown...
E **A**
 A smile's just a frown turned upside down.

D **A**
 Smile ... frown
E **A**
 A smile's just a frown turned upside down.

D **A**
 High, High, High, / Low, Low, Low...
E **A**
 Up and down, that's how it goes...

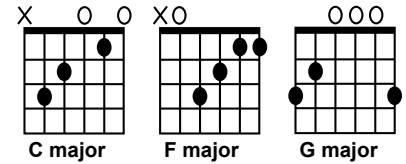
D **A**
 High, High, High, / Low, Low, Low...
E **A** **D** **A** **D** **A** **E** **A**
 Up and down, that's how it goes!



Bounce



Shake Shake Shake (Connecting Body Movement)



C **F** **C**
 Shake shake shake / shake shake your body / Shake shake shake
G **C** **F**
 shake shake your body / Shake shake shake / shake shake your body
C G C
 Shake shake shake

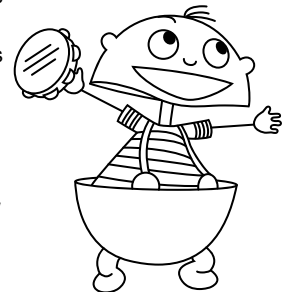
C **F** **C**
 Shake shake shake / shake shake your salt / Shake shake shake
G **C** **F**
 shake shake your salt / Shake shake shake / Shake shake your salt
C G C
 Shake shake shake

C **F** **C**
 Shake shake shake / shake shake your body / Shake shake shake
F **C** **F**
 shake shake your body / Shake shake shake / shake shake your body
C G C
 Shake shake shake

F **C** **F** **G**
 Can you shake it up high? / And down low / And up high? / And down low
C **F** **C G C**
 Shake shake shake / Shake shake your salt / Shake shake shake

F **C**
 Can you shake your leg? / Can you shake your leg?
F **G**
 Can you shake your head? / Can you shake your head?

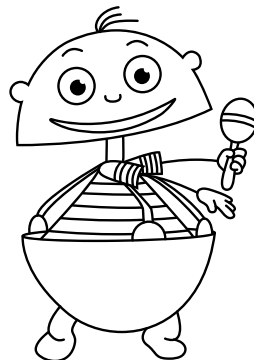
C **F**
 Shake shake shake / shake shake your hands
C **G**
 Shake shake shake / shake shake your hands
C **F**
 Shake shake shake / shake shake your hands
C G C
 Shake shake shake



C **F**
 Oh, shake shake shake / shake shake your leg
C **G**
 shake shake shake / shake shake your head
C **F**
 Shake shake shake / Shake shake your leg
C G C **C G C**
 shake shake shake, / oh shake shake shake

F **C**
 Can you shake them up high? / And down low
F **G**
 And up high? / And down low

C **F**
 Shake shake shake / shake your maraca
C **G**
 Shake shake shake / shake your maraca
C **F**
 Shake shake shake / shake your maraca
C G C
 Shake shake shake



C **F** **C G C**
 Oh, shake shake shake / Shake shake your hands / Shake shake shake

C **F** **C**
 Shake shake shake / shake shaking hands / Shake shake shake
G **C** **F**
 Shake shaking hands / Shake shake Shake / Shake shaking hands
C G C **C G C**
 Shake shake shake / Shake shake shake

F
 Can you shake it up high?
C **F** **G**
 And down low / And up high? / And down low

C **F**
 Oh shake shake shake / shake shake your body
C **G**
 Shake shake shake / shake shake your body
C **F**
 Shake shake shake / shake shake your body
C G C
 Shake shake shake

C **F**
 Oh, shake shake shake / Shake your maraca
C G C
 Shake shake shake



Bounce



I Want Song (Let's Talk!)

D G A D
 Anything that makes you happy / anything that makes
D D G A
 you smile / anything you've waited for quite a while
D D D
 just say I want it / you say I want it / let's say I want it
D
 Please

D G A
 I want I want I want is what you say if you see a toy
D
 you think you want to play with
G A7
 I want I want I want is what you say so a grown up
D
 or a friend knows what you need from them

G A D G A D
 I want I want I want / You try it

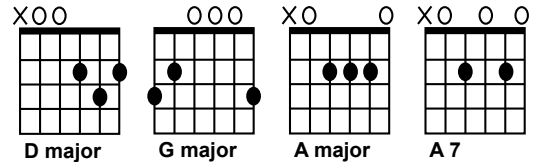
G D
 I want an apple I want an apple
A D
 they're yummy and sweet and good to eat
G D
 I want to bite it / I want to chew it
A7
 Want to swallow it down into my tummy

D G A D G A
 I want an apple / you say it

G D A
 I want a bucket I want a bucket to fill it with blocks
D D
 or maybe some socks
G D
 I want to fill it I want to dump it out
A7
 I want to do it over and over and over again

D G A D G A
 I want a bucket / you say it

D G A
 I want I want I want is what you say if you see a toy
D
 you think you want to play with



G A7
 I want I want I want is what you say so a grown up or
D
 a friend knows what you need from them

G A D G A D
 I want I want I want / You try it

G D
 I want to wiggle / I want to wiggle
A D
 to jiggle and play and dance the day away
G D
 I want to run / I want to jump around
A7
 I want to shake my head / my hands / my body

D G A D G A
 I want to wiggle / Now you try

G D A
 I want a hug / I want a hug / It feels so nice when
D G D
 you hug me twice / I want a squeeze / tighter please
A7
 Put your arms around me / Hold me close

D G A D G A
 I want a hug / I want a hug

A7
 So remember

D G A D
 Anything that makes you happy / anything that makes
D G A
 you smile / anything you've waited for quite a while
D D D
 just say I want it / you say I want it / let's say I want it
D
 Please



Bounce



Let's Go (Let's Talk!)

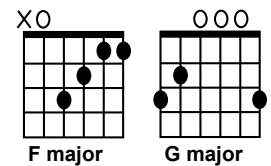
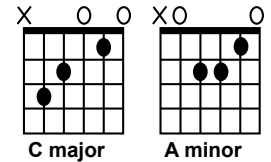
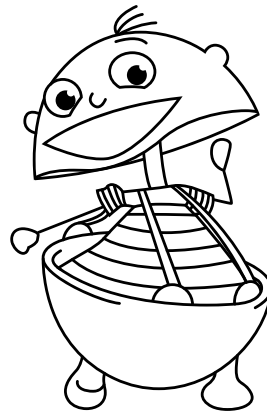
C **Am** **F** **G**
 Let's go / let's go I want to hear you say
C **Am** **F** **G**
 Let's go – if you don't we won't know
C **Am** **F** **G** **C**
 Let's go, Let's go / Everybody say – Let's go
F **G** **C**
 You try to say let's go

F **C**
 Let's go eat / There's a pizza place down the street
F **C** **G**
 There's pepperoni and lots of cheese and many things
G
 to drink / Come on, what do you think?

C **Am** **F** **G**
 Let's go / let's go I want to hear you say
C **Am** **F** **G**
 Let's go – if you don't we won't know
C **Am** **F** **G** **C**
 Let's go, Let's go / Everybody say – Let's go
F **G** **C**
 You try to say let's go

F **C**
 Let's go to the playground / And you're sliding down
F **C**
 the slide / There's sandbox fun / there's room to run
G
 And play and play and play
 Come on what do you say?

C **Am** **F** **G**
 Let's go / let's go I want to hear you say
C **Am** **F** **G**
 Let's go – if you don't we won't know
C **Am** **F** **G** **C**
 Let's go, Let's go / Everybody say – Let's go
F **G** **C**
 You try to say let's go



F **C**
 Let's go jump / It's fun and easy to do
F **C** **G**
 Just bend your knees / way down low and spring back up
 Just let go! / 1, 2, 3!!!!

C **Am** **F** **G**
 Let's go / let's go I want to hear you say
C **Am** **F** **G**
 Let's go – if you don't we won't know
C **Am** **F** **G** **C**
 Let's go, Let's go / Everybody say – Let's go
F **G** **C**
 You try to say let's go

F **C**
 We've had fun today / But I'm tired and done with play
F **C**
 Let's go home, and end the day
G **G**
 That will be ok, that will be ok

C **Am** **F** **G**
 Let's go / let's go I want to hear you say
C **Am** **F** **G**
 Let's go – if you don't we won't know
C **Am** **F** **G** **C**
 Let's go, Let's go / Everybody say – Let's go
F **G** **C**
 You try to say let's go

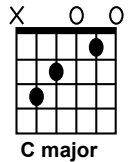
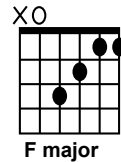
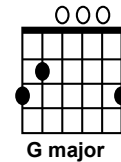
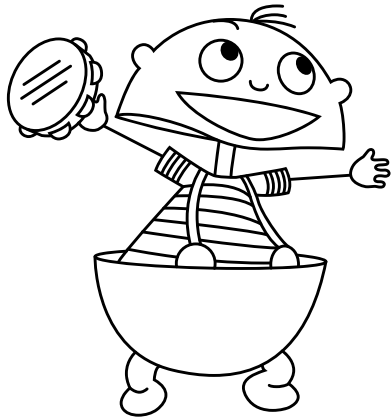
F **G** **C**
 Everybody say let's go!



Bounce



The Give Me Song (Let's Talk!)



G
Give me the ball / Give me the ball

F G C

Give me the ball / Give me the ball

F G C
Put it in my hands

F C F C
I want to bounce it up and down

G
So please, give me the ball

F G C
Please give me the ball

G
Give me a cookie / Give me a cookie

F G C

Give me a cookie / Give me a cookie

F G C
Put it in my hands

F C F C
It's sweet and crunchy, I feel munchy

G
Please, give me a cookie

F G C
Please give me a cookie

G
Give me a tissue / Give me a tissue

F G C

Give me a tissue / Give me a tissue

F G C
Put it in my hands

F C F C
I have to blow my runny nose

G
So please give me a tissue

F G C
Please give me a tissue

F G C F G C
Give me a glass of juice / Put it in my hands

F C F C
A drink of juice when I am thirsty

F C F C
Balls for bouncing up and down

F C F C
A yummy cookie nice and sweet

F C F C
A tissue when you have to sneeze

G
A great big hug from daddy...

Just say, "Give me"

C F C G C

And always add a please



Bounce



Help Me Song (Let's Talk!)

G D G D

If you need some help, say help me

Help me if you can

Say help me, please help me

What do you say?

Tying shoes is really tough / I wish I knew the trick!

So I asked my mom "Please help me"

And she tied my shoes snug and quick!

If you need some help, say help me

Help me if you can

Say help me, please help me

What do you say?

My favorite train is way up high

The one I want to have

So I asked my Dad "please help me"

And he reached the train and boy was I glad!

If you need some help, say help me

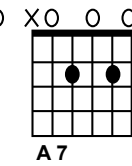
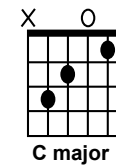
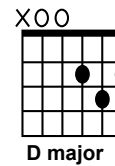
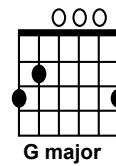
Help me if you can

Say help me, please help me

What do you say?

Getting dressed isn't so bad

But the buttons I can't work!



So I asked my Mom, "Please help me"
And she bent right down and buttoned my shirt

If you need some help, say help me

Help me if you can

Say help me, please help me

What do you say?

I'd like to have a glass of milk

But I can't pick the carton up

So I asked my sis "please help me!"

She picked up the carton and poured me a cup!

If you need some help, say help me

Help me if you can

Say help me, please help me

What do you say?

Now the point of all these stories seems pretty clear to me

Don't be afraid to ask for help it's easy as can be

Just open up and say it, Say it nice and loud

Help me help me help me help me

Help me help myself!



Bounce



The Clean Up Song (Routines)

D7

Come in from playing

And you're covered in dirt

Take a look at your hands

Some soap wouldn't hurt

A7

So what do you have to do?

G7

D7

You have to wash your hands!

D7

And so you clean up / Don't forget the water

Clean up / Don't forget the soap

G7

Clean up / That's the way to wash your hands

A7

G7 D7

Wash your hands and clean up

A7

G7 D7

You've got to wash your hands and clean up

D7

Playing with your toys / Was so much fun

But playtime is finished, there's work to be done

A7

G7

So what do you have to do with your toys?

D7

You have to put them away...

D7

You've got to clean up / Put them in the toy box

Clean up / Put them on the shelf

G7

Clean up / Crayons in the box

A7

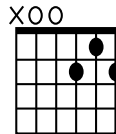
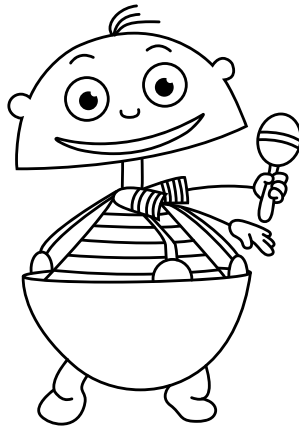
G7 D7

You can do it by yourself and clean up

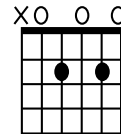
A7

G7 D7

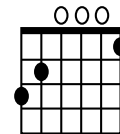
You can do it by yourself and clean up



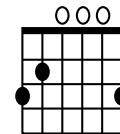
D7



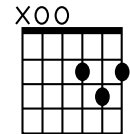
A7



G7



G major



D major

D7

You just finished eating / It was yummy and delicious

But the table is messy / It's full of dirty dishes

A7

G7

So what do you have to do?

D7

You have to clean those dishes up!

D7

Come on and clean up / Bring them to the kitchen

Clean up / Put them in the sink

G7

Clean up / napkin in the garbage

A7

G7

D7

Cleaning up is easier than you think

A7

G7

D7

Cleaning up is easier than you think

G

You might not like to do it

D

But it's gotta be done

G

Cleaning up gets you ready

A7

For the next time to have fun!

D7

'Cause if you don't clean up / You'll be too messy

If you don't clean up / Your markers get dry

G7

If you don't clean up / You can't find your teddy

A7

G7

D7

So clean up and you'll be ready for fun

A7

G7

D7

Clean up and you'll be ready for fun!



Bounce



Goodnight Song (Routines)

C
Mommy and daddy have tucked me in tight

F
After some kisses they turned off the light

C
Now I am lying alone in my bed

F **G**
I will just stay here and rest my head

F
I'll whisper goodnight to the dresser

C
Goodnight to the floor

G
Goodnight to the ceiling

And goodnight to the door

F **C**
Goodnight to my toys / Goodnight to the moon

G **C**
Goodnight my friends and goodnight my room

C
I can breathe slowly and calm myself down

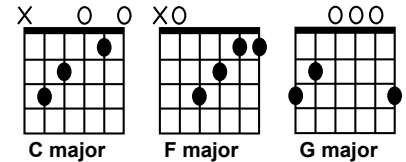
F
Count all the sheep that are jumping around

C
1, 2, 3 and 4

F **G**
I'm feeling so sleepy / can't count any more

F
I'll whisper goodnight to the dresser

C
Goodnight to the floor



G
Goodnight to the ceiling

And goodnight to the door

F **C**
Goodnight to my toys / Goodnight to the moon

G **C**
Goodnight my friends and goodnight my room

C
My eyelids are heavy they're starting to fall

F
So much to think of no room for it all

C
Mommy and daddy are always close by

F **G**
I'll stay in bed and be safe for the night

F
I'll whisper goodnight to the dresser

C
Goodnight to the floor

G
Goodnight to the ceiling

And goodnight to the door

F **C**
Goodnight to my toys / Goodnight to the moon

G **C**
Goodnight my friends and goodnight my room



Bounce



Starting the Day (Routines)

D **G A7 D**
This is what I do in the morning, in the morning, to start my day

D **G A7 D**
This is what I do in the morning, in the morning, then I'm on my way

G D G D
1. I wake up early 2. I use the potty

G D A7
3. It's time for my breakfast 4. Then I brush my teeth

Again!

G D G D
1. I wake up early 2. I use the potty

G D A7 D
3. It's time for my breakfast 4. Then I brush my teeth

Number 1: Waking up early

D
My eyes pop open bright and early in the morning when the
G A7 D
sun comes up

D **G A7 D**
I jump out of bed so excited in the morning because I just woke up

G D G D
This is what I do in the morning / This is what I do in the morning

D
This is what I do in the morning / To start the day

Number 2: Using the potty

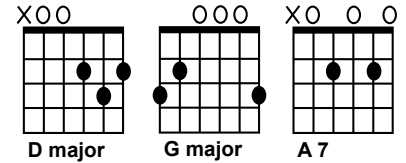
D
I go to the potty in the morning / In the bathroom
G A7 D
And I sit right down

D **G A7 D**
I sit right down on the toilet / In the bathroom and I let it all go

G D G D
This is what I do in the morning / This is what I do in the morning

A7 D
This is what I do in the morning / To start the day

D
I'll eat some breakfast in the morning
G A7 D
Maybe oatmeal or eggs and toast



D
I'll fill my tummy because I'm hungry in the morning
G A7 D
When I need it most

G D G D
This is what I do in the morning / This is what I do in the morning

A7 D
This is what I do in the morning / To start the day

D **G A7 D**
I brush my teeth in the morning / Up and down and side to side

D **G A7 D**
My teeth are clean and shiny so bright / That I have to smile

G D G D
This is what I do in the morning / This is what I do in the morning

A7 D
This is what I do in the morning / To start the day

A7 G D
It's time to dance! / So raise your hands way up high

A7 D
Shimmy shimmy shimmy from side to side

G D A7 D
Give it a try / give it a chance / Let's all do the morning dance!

G D
Raise your hands way up high

A7 D
Shimmy shimmy shimmy from side to side

G D A7 D
Give it a try give it a chance / That's how we do the morning dance!

G D
Raise your hands way up high

A7 D
Shimmy shimmy shimmy from side to side

G D A7 D
Give it a try give it a chance / That's how we do the morning dance!

G D G D
What we do in the morning / How we do it in the morning

G A7 D
Good morning!



Bounce



Safety Check (Routines)

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

C
 Stop stop / Stop what you're doing and freeze / Listen

It's time to listen up / Look look / Open your eyes real wide
 C F G C F G
 Stop look listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do the safety check

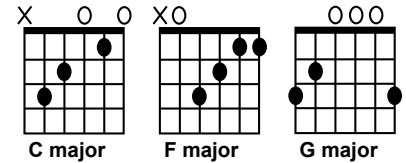
F C
 Standing on the sidewalk you need to cross
 F C
 Don't go by yourself / wait for the boss
 F C G G
 Look at all the cars zooming by / Don't walk. Don't walk
 F C
 Hold on tight to your mommy's hand
 F C
 Wait for the cars to stop and then
 F C G C
 Only when your mommy goes / You can walk

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

F C
 You walk into the kitchen it smells so good
 F C
 Pots and pans are full of food
 F C G G
 You want to go and taste it / But don't touch don't touch
 F C
 Tell someone you want something to eat
 F C
 Hands down and away from the heat
 F G C
 Don't ever ever touch the stove

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

F C
 You want to play with water and splash around



F C
 You want to jump in but keep your feet on the ground
 F C G G
 Don't go near the water / don't go near the water
 F C F
 Only when a grownup says it's ok to swim today that's
 C
 when the water is ok
 F G C
 THEN, THEN you can play in the water

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

F C
 You take off running trying to get away
 F C
 It's a very scary thing when you run away
 F C G G
 Don't run away / don't run away
 F C
 Stay close to your friends and family when you play
 G C
 Don't ever, ever run away

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

C
 Stop stop / Stop what you're doing and freeze / Listen
 It's time to listen up / Look look / Open your eyes real wide

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / Let's do a safety check

C F G C F G
 Stop look and listen / Stop look listen
 C F G F G C
 Stop look listen / It's the safety check



Bounce



Going to the Grocery Store (Let's Go!)

G

We're driving / We're driving to the grocery store

D7

We're going together to the grocery store

G

We're driving along / and we're singing this song

C D7 G

hooray, hooray, hooray!

G

We're here / we're riding through the parking lot

D7

We're here / we're looking for a parking spot / we're

G C D7 G

ready to stop and hop right in hooray, hooray, hooray!

D

G

Gotta buy some apples / and we need potatoes

D

G

yummy yummy cherries too

D

G

we need to buy some broccoli, some juicy red tomatoes

C

D7

all of it is good for you!

(spoken)

And it's all at the grocery store!

G

Walk in / Walk in through the big glass doors

D7

look all around it's a great big store

G C D7 G

Grab a cart / I have my list / at the grocery store

D

G

Gotta buy some raisins / I like noodle soup

D

G

with some crunchy little crackers too

D

G

Gotta buy some cheese, and some macaroni please

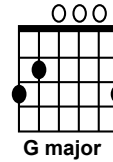
C

D7

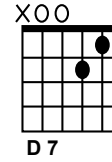
all of it is good for you

(spoken)

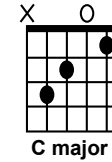
And it's all at the grocery store!



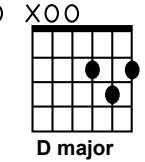
G major



D7



C major



D major

G

You can be a helper at the grocery store

D7

stay close by at the grocery store

Put the food inside

G

the cart you'll push or ride at the grocery store

D

G

Gotta buy some eggs / and some bread for toast

D7

G

some cereal for breakfast too

D

G

Don't forget the milk and some apple juice

C

D7

all of it is good for you!

(spoken)

And it's all at the grocery store!

G

We wait / we wait in line before we go

D7

put the food in bags to take it home

G

Turn around and wave once more –

C D7

G

boy I love the grocery store!

D

G

Gotta walk nicely / gotta be a helper

D

G

shopping for food to eat

D

G

C

D7

If I walk nicely / if I'm a helper can I get a special treat?

C

D7

Maybe even something sweet?

G

At the grocery store!



Bounce



The Playground Song (Let's Go!)

G **D**
Do you want to play on the playground?
G **D**
Always wait your turn on the playground
G **D**
Never ever hit – on the playground
C
Look at me, Look at me, Wheee!
G
On the playground!

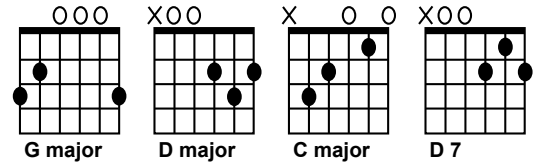
G **C**
Look over there I see the swings
D7 **G**
Push me in the air like a bird with wings
G **C**
I'll push you and you push me / WHEEEEE
D7
Do it again, do it again, do it again!

G **D**
Do you want to play on the playground?
G **D**
Always wait your turn on the playground
G **D**
Never ever hit – at the playground
C
Look at me, Look at me, Wheee!
G
On the playground!

G **C**
I climb the ladder starting on the ground
D7 **G**
I get to the top and then I look around
G **C**
I sit down and ZOOOMMMMMM

D7
Do it again, do it again, do it again!

G **D**
Do you want to play on the playground?
G **D**
Always wait your turn on the playground
G **D**
Never ever hit – at the playground



C
Look at me, Look at me, Wheee!
G
On the playground!

G **C**
When I'm running and it feels too fast
D7 **G**
I need to stop I need to rest
G **C**
I raise my hand and say break!

Break!

G **D**
Do you want to play on the playground?
G **D**
Always wait your turn on the playground
G **D**
Never ever hit – at the playground
C
Look at me, Look at me, Wheee!
G
On the playground!

G **C**
It's time to go but I say no

I'll kick and scream and say AHHHHH
G **C**
I stop, I listen, I breathe, I know
D7 **G**
I'm coming back to the playground
C **D7** **G**
WHEEEEE I love the playground
C **D7** **G**
Bye bye to the playground
C **D7** **G** **G**
See you tomorrow on the playground!



Bounce



The Doctor is your Friend (Let's Go!)

G C Am D7
 Once when I was sick and I had a runny nose
G C Am D7
 And I didn't feel good from my head down to my toes
G C Am D7
 "It's time to see the doctor," my mom said we should go
G C Am D7
 When you're sick the doctor makes you feel good,
D7
 don't you know?

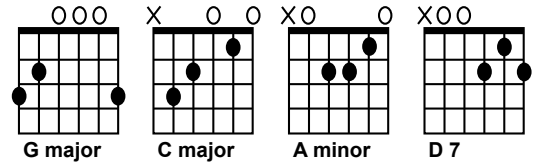
C G D7 G
 Once you're there you might feel scared
C G A D
 But you should know / Everybody has to go!

(spoken) G C Am D7
 Like your mom and your dad and your sister and my
 brother too. / And dogs and cats and goldfish too!
 Everybody goes to the doctor, and you do too!

G C Am D7
 The doctor looked into my eyes the light was really bright
G C Am D7
 And she looked into my throat I said ahh like a goat
G C Am D7
 She listened to my breath / breathing in and breathing out
G C Am D7
 It's easy as can be / it's what my check-up's all about!

C G D7 G
 Once you're there you might feel scared
C G A D
 But you should know / Everybody has to go!

(spoken) G C Am D7
 Like Zach and Rhonda and Hector and Joey
 And Tonka and Pie and Murray and Leroy too
 Everybody goes to the doctor, and you do too!



G C Am D7
 She said roll up your sleeve and then I saw the shot
G C Am D7
 My mommy said, she said it won't hurt a lot
G C Am D7
 Then I closed my eyes and I waited for the pinch
G C Am D7
 It only hurt a little bit, it really was a cinch!

C G D7 G
 Once you're there you might feel scared
C G A D
 But you should know / Everybody has to go!

(spoken) G C Am D7
 Like Avery, and Marisol and Henry and Jonathan
 And chickens and horses, cows, hamsters –

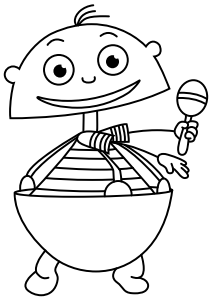
They all go to the doctor
 And dinosaurs – well, not really dinosaurs...
 But everybody goes to the doctor, and you do too!

G C Am D7
 Now I have a good friend who wears a white coat
G C Am D7
 She takes care of my body, my eyes and my throat
G C Am D7
 My parents are so proud of me, I feel happy too
G C Am D7
 Knowing that the doctor is good for me and you

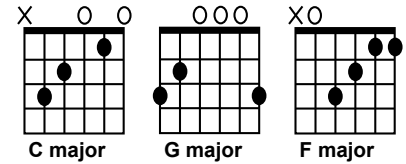
C G D7 G
 Once you're there you might feel scared
C G A D
 But you should know / Everybody has to go!



Bounce



Birthday Song (Let's Go!)



C **G**
 It's a birthday party / Hooray! / A birthday party / Today!
C **G** **C**
 A birthday party / Just come along with me

C **G**
 It's a birthday party / Hooray! / A birthday party / Today!
C **G** **C**
 A birthday party / Just come along with me

F **C**
 Walk outside – look all around
G **C**
 So much to look at – so much sound
F **C**
 Take a deep breath / (breathe in and out)
G **C**
 Look! There's a clown with a big red nose.

F **C**
 See the presents wrapped in a bow
G **C**
 Put yours down it's time to let it go
F **C**
 Now it's time for fun and games –
G **C**
 let's go learn the other kid's names

C **G**
 It's a birthday party / Hooray! / A birthday party / Today!
C **G** **C**
 A birthday party / Just come along with me

F **C**
 Party hats for me and you
G **C**
 There's pin the tail on the donkey too
F **C**
 Pin the tail and open your eyes
G **C**
 Everybody gets a prize!

F **C**
 Here comes the cake – the lights go dim
G **C**
 Don't be scared now it's time to sing
F **C**
 Watch them blow the candles out
G **C**
 Clap your hands and give a shout

C **G**
 It's a birthday party / Hooray! / A birthday party / Today!
C **G** **C**
 A birthday party / Just come along with me

C **C**
 The music's too loud / The lights are too bright
G
 Raise your hand and say "BREAK" / (2,3,4)

G
 That would be all right
C
 Too much is happening all around
G **G** **C**
 Just say "BREAK" (2, 3, 4) and then cool down.

C **C**
 You've played with family / Played with friends
G **C**
 Now the party has to end

Sometimes you laugh and sometimes you cry
G **C**
 It's always hard to say goodbye.

C **G**
 It's a birthday party / Hooray! / A birthday party / Today!
C **G** **C**
 A birthday party / Just come along with me

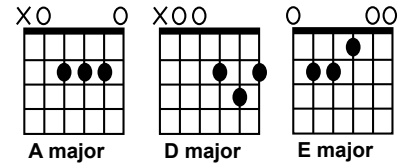
C **G** **C**
 Happy birthday / Happy birthday / Happy birthday to you!



Bounce



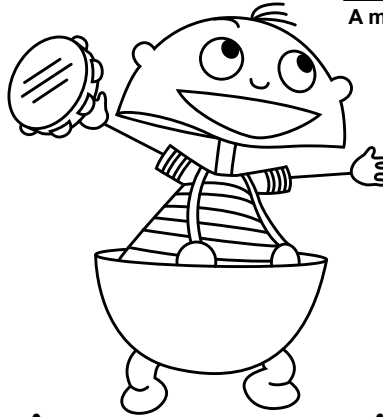
The Goodbye Song



A **A**
Goodbye to everyone / Goodbye to everyone

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time



(spoken)

Let's try to sing goodbye to me!

A **A**
Goodbye to Elizabeth / Goodbye to _____

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

A **A**
Goodbye to Mommy / Goodbye to Daddy

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

A **A**
Goodbye to your teacher / bye bye to your teacher

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

A **A**
Goodbye to _____ / Goodbye to _____

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

A **A**
Goodbye Balloo / Goodbye to Balloo

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

A **A**
Goodbye to everyone / Goodbye to everyone

D **A** **D** **A**
See you later alligator / In a while crocodile

D **A** **E** **A**
See you later alligator / I'll see you next time

E **A**
I'll see you next time